

## CORONAVIRUS (COVID-19) INFORMATION

Coronavirus is contagious  
Please take every precaution to ensure you are spreading only kindness  
Whenever possible maintain a 2 metre (6 feet) separation from others  
Wash your hands regularly.

In this time of Covid-19 uncertainty and change we want you to know that you are not alone whether you are self-isolating, socially distancing, need help with essential shopping, collection of prescriptions or just need an occasional friendly voice on the phone. Volunteers are on hand to help you through the period of isolation.

If you need help, please contact One Community (the Hampshire coordinating group), whose nearest local base is at Kings Community Church:

- by phone on 07535 171274 or
- by email [admin@kccsouthampton.org](mailto:admin@kccsouthampton.org)

Also, you can request help via:

- Botley Parish Council Office:
  - by phone 01489 787181
  - by email [help@botley.com](mailto:help@botley.com) or [parish.clerk@botley.com](mailto:parish.clerk@botley.com)
- Eastleigh Borough Council:
  - by phone 023 8068 8000 or
  - by email [coronavirus-support@eastleigh.gov.uk](mailto:coronavirus-support@eastleigh.gov.uk)
- One Community:
  - by phone 023 8090 2400 or
  - by email [info@1community.org.uk](mailto:info@1community.org.uk)

The support offered includes:

- a delivery service for food shopping and other essentials and collection of prescription medicine for:
  - vulnerable residents who don't already have family or friends support;
  - those who need to self-isolate;
- social support for those needing someone to talk to by phone during the period of isolation.

The support from Botley Parish Council, Botley Neighbourcare, All Saints Church, Hamble Valley Rotary Club and other community groups is being coordinated by One Community at Kings Community Church.

If you would like to offer some form of support locally please contact Kings Community Church, Eastleigh Borough Council or One Community using the phone number or email address shown above. Even if you have already offered your support as a NHS Volunteer Responder through their web page (<https://www.goodsamapp.org/NHSvolunteerresponders>) to our local coordinating group at Kings Community Church.

The Hedge End Town Council Covid-19 web page contains much useful local information, much of which is relevant to Botley and the link is <https://www.hedgeend-tc.gov.uk/our-community/covid-19-helpful-info/>

If you are in one of the recognised vulnerable groups you can register with the Government site - <https://www.gov.uk/coronavirus-extremely-vulnerable> You will need your NHS number, which is printed on any prescription form you have.

Websites providing national and local information are shown below.

Coronavirus - what you need to know via GOV.UK

<https://www.gov.uk/coronavirus>

Full guidance on staying at home and away from others

<https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others/full-guidance-on-staying-at-home-and-away-from-others>

Restricted access for visitors to the University Hospital Southampton

<https://www.uhs.nhs.uk/AboutTheTrust/Newsandpublications/Latestnews/2020/March/Restricted-access-across-University-Hospital-Southampton-sites.aspx>

Eastleigh Borough Council temporary suspension of food waste collection

<https://www.eastleigh.gov.uk/latest-news/food-waste-collection-temporarily-suspended>

Eastleigh Borough Council Coronavirus updates

<https://www.eastleigh.gov.uk/latest-news/latest-information-coronavirus-covid-19>

Eastleigh Borough Coronavirus Support Hub

<https://www.eastleigh.gov.uk/latest-news/eastleigh-borough-coronavirus-support-hub-launched>

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