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Food Shopping Support

Sainsbury's Hedge End

Toll Bar Way, Hedge End, Southampton SO30 2UH 01489 790452

Please follow the Link below for ALL Opening hours, including those for our brilliant NHS workers and the Elderly.

<https://stores.sainsburys.co.uk/0657/hedge-end>

Note: We are asking everyone to please only send one adult per household to our shops. This helps us keep people a safe distance apart and also helps to reduce queues to get into stores. Our store teams will be asking groups with more than one adult to choose one adult to shop and will ask other adults to wait. Children are of course welcome if they are not able to stay at home.

If you consider yourself to be vulnerable, please visit the [On Line Groceries](#) for information on how to contact the store - *you may need to create an account*. Sainsbury's are also working as quickly as possible on an option for people to register themselves as disabled and vulnerable on their online shopping accounts.

Tesco Bursledon Towers.

Hamble Lane, Bursledon, Southampton. SO31 8GN 0345 266 6682

Please follow the Link below for ALL Opening hours, including those for our brilliant NHS workers and the Elderly.

<https://www.tesco.com/store-locator/uk/?bid=2156>

Marks & Spencer Hedge End

Toll Bar Way, Hedge End, Southampton, SO30 2UH 01489 798844

Please see link below for store opening times.

<https://www.marksandspencer.com/MSStoreDetailsView?storeId=10151&langId=-24&SAPStoreId=1643>

Setting aside the first hour of trading on certain days for our older and vulnerable customers (Mondays & Thursdays), and our brilliant NHS and emergency services workers (Tuesdays & Fridays).

Coop Hedge End

2a Lower Northam Road, Hedge End, Southampton, SO30 4FQ 01489 783808

<https://finder.coop.co.uk/food/store/SO30-4FQ/2a-lower-northam-road>

Changes to opening hours

From Tuesday 24 March, most of our stores will be open from 7am to 8pm. This will give our teams time to re-stock and clean, so that we can continue to provide a good service at this time.

Shopping for those at higher risk

All our stores have a dedicated shopping hour for those at higher risk and the people who care for them.

Updates on our delivery service

Service restrictions due to high demand. Some of our delivery slots are booked up at the moment.

Keep checking back to see when more become available. Where slots are available, you will only be able to order up to 20 items.

Coop Botley

12, The Square, SO30 2EA, in Botley, Hampshire 01489 782018.

Due to the current situation, opening hours may vary. Please contact the branch directly.

Monday: 06:00 - 22:00, Tuesday: 06:00 - 22:00, Wednesday: 06:00 - 22:00, Thursday: 06:00 - 22:00, Friday: 06:00 - 22:00, Saturday: 06:00 - 22:00. Its Sunday opening hours are: 06:00 - 22:00.

The Butchers Block

461, Fair Oak Road, Fair Oak, Southampton. SO50 7AJ 02381 781220

Call for opening times and delivery options

<https://butchersblockfairoak.co.uk/>

Owtons Butchers

02380 600558 option 1 to place an order

<https://www.owtons.com/>

Open Monday to 9am to 5pm

Meat, Eggs, Ham & Cheese

A.G Axton & Sons

01489 877148 for deliverys

<https://www.agaxtons.co.uk/>

Open Monday to 9am to 4pm

Fruit, Veg, Eggs, Milk & Bread

Hedge End Food Bank

If you need a food parcel: until further notice, they are open as normal Monday's and Thursday's 10am - 1.30pm operating a drive-through style service.

Clients will receive pre-packed food parcels containing the very basic essentials. Please remember if you plan to visit with a view to obtaining a food parcel you will need to have an official referral from a professional body such as housing dept, support worker, jobcentre etc.

Food banks are for those in short term financial crisis. Checks will be carried out upon arrival so please have any paperwork available to support your needs.

Stocks are already running low hence they can only give what they have so please be thoughtful and thankful for what you are given.

Donations: all the food has been generously donated by those in our local community, churches, businesses and our close friends at M&S Hedge End. If any of you wish to make a donation then please pop in and see us when we are open. We are located at Kings Community Church, Upper Northam Rd, Hedge End SO30 4BZ.

We have donation trolleys located at the food hall entrance of M&S and at the CO-OP in Hedge End village. Donations for our Foodbank can also be taken to 'Our Lady of the Assumption Roman Catholic church, Freegrounds Rd, Hedge End, SO30 0HG' Friday's between 9.30-10.30. Donations can be left in the entrance lobby.

Take Away/Delivery Options

J-Henry's Fish n Chips, Hedge End

Cooked meals/ bags of potatoes when available. Open 17.00-21.00. NHS Discount

<https://www.southamptonfishandchips.co.uk>

Domino's Pizza Hedge End

Delivery only 11:00-23:00 01489 787070 <https://www.dominos.co.uk>

Wok Hard Chinese Hedge End

Delivery (charge exempt now) 01489 798703

Mr. Pizza Hedge End

Take away 01489 784424 <https://mripizzatakeaway.co.uk>

Hedge End Kebab & Pizza House

Take away 01489 798888 <https://hedgeendkebab.co.uk>

Purbani Botley

Indian take away & delivery -01489 783161, <https://www.purbanibotley.com/>
or email contact@purbani.com

For Hampshire wide click on [Hampshire Fare Home Deliveries](#)

Transport:

If you need to travel please check bus and train timetables as all are providing reduced or suspended services and only go out if essential.

<https://www.bluestarbus.co.uk>

<http://xelabus.co.uk>

<https://www.southwesternrailway.com>